

PET TECHNOLOGIST EDUCATION: CORONARY ARTERY CALCIUM SCANS

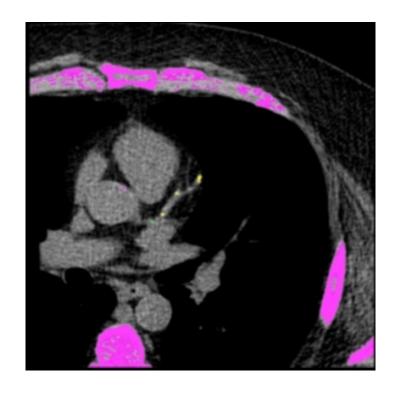
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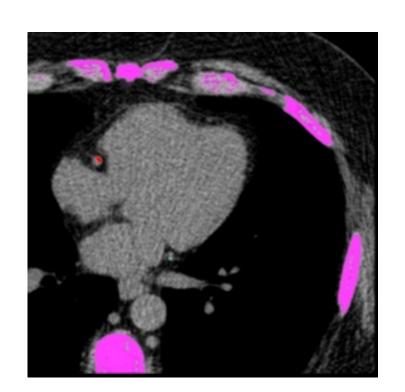
Value of CAC Testing

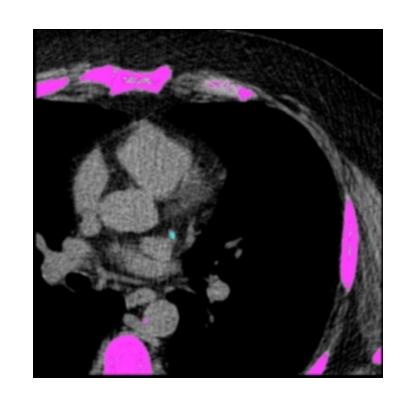
- Presence of coronary artery calcium (CAC) = coronary artery disease (CAD)
- Zero calcium = excellent prognosis & low probability of severe CAD
- High CAC signifies high risk for long-term cardiovascular events even if myocardial perfusion is normal
- Positive CAC may motivate patients to control their risk factors (e.g., blood pressure, cholesterol)

CAC Scoring

- Scroll through the slices and identify calcium in the right coronary, left main, left anterior descending and the left circumflex coronary arteries
- Depending on the reading software, calcium may be depicted with different color schemes
- In the example below, calcium is illustrated as purple, and every coronary artery is given a different color. There is calcium in the right coronary, left main, left circumflex, and left anterior descending arteries. The scores for each individual arteries are added to give a total CAC score
- CAC can also be visually estimated on non-gated-attenuation CT and described qualitatively as mild, moderate and severe







Artery	Score
LM	36.7
LAD	30.7
CX	70.2
RCA	99.8
Ca	0.0
Total	237.3

Technical Considerations

	Calcium Score	CT Attenuation Correction
ECG gating	Gated	Non gated
Breath-hold	Yes	End expiration or free breathing
Non gated slice thickness	2.5-3.0mm	3-5mm
Tube potential	120 kVp	70-140 kVp



Scan range is determined from the AP scout view:

1 cm below the carina and
1 cm below the cardiac
apex (see solid lines)

Pitfalls

- During image reconstruction, field of view is around the heart (sternum anteriorly and vertebral body posteriorly as landmarks)
- Aortic (arrow) and mitral annular calcification can be mistaken for right coronary and left circumflex artery calcification, respectively.
 Do not include those
- In the setting of motion artifact, do not count the same area twice

